

Myanmar Heritage Holidays – 15 days

(Yangon – Bago – Golden Rock – Bagan – Mandalay – Mingun – Kalaw – Inle Lake - Yangon)

Itinerary Overview

Day	Destination	Activities
Day 1	Yangon Arrival	Welcome pickup and half day city tour to visit the magnificent Shwedagon Pagoda and Sule Pagoda..
Day 2	Yangon - Bago - Golden-Rock	Visit Bago, the ancient Mon Kingdomsight and trek to visit the Golden Rock and watch the sunset
Day 3	Golden Rock - Bago - Yangon	Visit local markets and Shwe Maw Daw pagoda, the biggest and tallest Pagoda in Southern Myanmar..
Day 4	Yangon - Bagan	Drive to Mt Popa. Join the pilgrims as they ascend Mt. Popa and admire the crazy statues that line the walkway, along with the monkeys that live on the mountain...
Day 5	Bagan - Mount Popa-Bagan	Drive to Mt. Popa, the extinguished million-year-old volcano. Also Popa is the abode of Myanmar Nats, the Spirits worshipped by some weak Buddhists.
Day 6	Bagan-Mandalay-Amarapura-Mandalay	Trip to U Bein Bridge believed to be the longest wooden bridge in the world that spans Taung Thaman Lake. Take a walk on the bridge and enjoy a photo opp..
Day 7	Mandalay - Mingun - Mandalay	Cruise on the River Ayeyawaddy, visit a small village of Mingun, Mya Thein Dan Pagoda which represents famous Mt. Meru according to Buddhist Cosmology...
Day 8	Mandalay-Heho-Kalaw	Continue to Kalaw, a British Hill Station, a small town with ethnic minorities, such as Pa-O, Palaung, besides the Shan People...
Day 9	Kalaw-Pindaya-Nyaung Shwe-Inle Lake	drive up to Pindaya Lime-stone Natural Caves with more than 8000 Buddha Images. Get lost yourself in the cave taking pictures of most beautiful Shan Style Buddhas...
Day 10	Inle Lake-Indein-Inle Lake	Full-day Sight-seeings of Inle Lake, start with a morning 5-day traditional market at a village on the lake, then visit the Phaung Daw Oo pagoda which is the Holiest Religious Stupa ..

Day 11	Inle-Heho-Thandwe-Ngapali Beach	Enjoy Ngapali Beach, the most beautiful beach in Myanmar. White Sand and Clear Water are the attributes of Ngapali..
Day 12/13	Ngapali Beach - Free and easy	Free for beach and personal activities at one of the most beautiful beach of the World.
Day 14	Ngapali Beach-Thandwe-Yangon	Transfer to airport for flight to Yangon
Day 15	Yangon departure	Yangon airport transfer for departure flight.

Detailed Itinerary

Day 1 Yangon Arrival

Arrive in Yangon where you will be welcomed by your local tour guide and transferred to your hotel to drop off your luggage. In the afternoon, a walk through "downtown" Yangon, a diverse mix of faded colonial architecture from the British times, and high-rises built by more recent investors; Sule Pagoda, built in the early 3rd century is a landmark in the city centre. Late afternoon visit the magnificent Shwedagon Pagoda of Rudyard Kipling fame and one of Myanmar's most sacred places. The massive bell shaped stupa is plated with gold and the tip of the stupa is set with diamonds and rubies, sapphires and topaz - a stunning sight as the sun sets and a most fitting place to begin our trip in this "Golden Land". Overnight in Yangon.

Day 2 Yangon - Bago - Golden Rock

After breakfast, drive to Kinpun Base Camp via Bago, approx; 4 hours. Bago was once the ancient Mon Kingdom as well as the seat of second Myanmar Dynasty. On the way, you can stop and visit Htauk Kyant Allied War Cemetery, the biggest war cemetery in the country maintained by the Commonwealth War Grave Commission.

After Bago, you will reach Kyaik Hto, the junction town to go up the Golden Rock. Upon arrival at Kin Pun Base Camp, transfer by open-truck up to Hermit Hill. From there, walk about one hour to reach the Golden Rock. The trekking from Hermit Hill to the top is not very difficult cheering with Myanmar pilgrims on the way, encouraging each other.

After check-in at the hotel, walk to Golden Rock. Enjoy the marvel of the situation of the Rock and view the evening activities of many Myanmar Buddhist pilgrims. After sunset on the Golden Rock, walk back to your hotel.

Overnight at Golden Rock.

Day 3**Golden Rock - Bago - Yangon**

After breakfast, walk down to Hermit Hill and by open truck transfer to Kin Pun Base Camp. From there, drive to Kyaik Hto. You can visit Kyaik Hto Morning market where you can see a lot of local foods, seasonal fruits and vegetables, fish and prawns. Walk around in the market and take pictures. Talk to the vendors who are very friendly and not accustomed to the visits of foreigners. Then, proceed to Bago. On the way you may stop from time to time to take the photo opportunities at some villages.

Upon arrival at Bago, visit Shwe Maw Daw pagoda, the biggest and tallest Pagoda in Southern Myanmar, Bago Central Market, Shwe Thar Lyaung(Reclining Buddha) which dates back to centuries and which has the astounding history of its recovery from the bushes, and finally on the way to Yangon, visit the Kyaik Pun pagoda with four Giant Buddhas sitting in back-to-back position. Then drive on to Yangon. Upon arrival, transfer to your hotel for check-in.

Overnight in Yangon.

Day 4**Yangon - Bagan**

In the early morning, transfer to the Yangon airport for the flight to Bagan (Picnic breakfast can be arranged from your hotel!). Hundreds of Ancient Stupas, Temples, Monestaries, Libraries and Buddhist Universities welcome you to the then Heart of Buddhism. On arrival, drive to a temple to have a glimpse of Bird's eye view tasting a bit of its marvel. Then you may visit Nyaung U morning market which is known as Market On The Floor with a variety of local vegetables and products such as typical snacks, food, Handicrafts, Thanakha the most adorned Burmese Make-up, and so on. Then, visit the most sacred stupa Shwe Zi Gon built in 11 Century by the most outstanding Buddhist King, Anawrahta, Gu Byauk Gyi Temple to see the mural from 12 Century, the massive red-colored Htilominlo Temple, and lastly before check-in at the hotel, visit most beautiful Ananda Temple built in late 11 Century housing giant Standing Buddhas which give the viewers illusion of Smiling-or-Serious facial expression of the Enlightened One.

In the afternoon, a visit to famous Lacquer Wares Workshop is worth enough to see its hand-made black products that come in a variety of household items from the smallest one of tea-cup to the Giant Sun Oak, the food container to be sent to the Buddhist monasteries in the yester years. Then, drive to the jetty of Mighty Ayeyawaddy river to enjoy sunset by boat.

Overnight in Bagan.

Day 5**Bagan - Mount Popa-Bagan**

After breakfast, mount a bicycle touring around in the monument zone taking the snap-shots here and there among the ruined temples occasionally climbing some climbable pagodas to have the different panoramic views. Meet with local Sand Paintings sellers, Lacquered Items hawkers, etc and learn the local culture.

In the afternoon, drive to Mt. Popa(approx) one and a half hour, the extinguished million-year-old volcano. Also Popa is the abode of Myanmar Nats, the Spirits worshipped by some weak Buddhists. No wonder that the poor mind may seek the shelter under which one can feel certain of high-yield harvest, safe life. The name Popa represents the abundance of flowers and you can see seasonal flowers and fruits once you enter the small town at the foot of the extinct volcano. On the way to Mt. Popa, you may stop at a palm tree collection workshop to see the ways of living of AnyarThar people. Visit central Nat Shrine at the foothill of Mt. Popa. Going up 777 steps is optional but the view from the top makes tired-feet quite relaxing. Mount Popa houses not only Nats but also Asian monkeys along its steps uphill. Feeding the poor Gibson, Baboon costs not much money and you may gain some merits to add a step towards Nirvana. In the afternoon, drive back to Bagan.

Overnight at Bagan.

Day 6

Bagan-Mandalay-Amarapura-Mandalay

After breakfast, drive to Bagan(Nyaung U Airport) for the flight to Mandalay, the last Capital City of the 3rd Myanmar Dynasty. On arrival at Mandalay International Airport, drive to Amarapura aka the Southern City, the ancient Royal Capital before Mandalay. In Amarapura, visit one of the biggest monasteries with more than 1200 Buddhist monks where under the strict tight-scheduled Rules the monks study very hard the Buddhist Canons day and night in order to be able to carry on the Buddha's teachings verbally like the Noble Theras did after the Buddha's demise in the 6th Century B.C. Then visit the Silk-Weaving workshop. Here, Amarapura hand-weaving silk Designs are very famous as Lun Yar Kyaw Cheik, More-than-hundred Loom Design, in which many small colorful silk thread looms wave through the weft creating the unique Myanmar Ceremonial silk longyis. Depending on the designs, to finish a longyi with a hundred or so looms, it can take at least a month! Then drive to U Bein Bridge believed to be the longest wooden bridge in the world that spans Taung Thaman Lake. Take a walk on the bridge and enjoy a photo opp!

Then drive to Mandalay, upon arrival check-in at the hotel and take a rest for a while. In the afternoon, visit Kuthodaw Pagoda which is known as the world biggest book of the world, Golden Palace Monastery where you can see the best wood-carvings. The monastery was at first in the Palace City wall and 5 years before the British Annexation, it was dismantled and reassembled to the present site to be donated to the venerable monks. The Golden Palace so called because the interior and exterior surfaces of wood structure have been gilt with millions of Gold Leaves that are fabricated in Mandalay. Finally, go up Mandalay Hill to enjoy the panoramic view of the city with sunset.

Overnight in Mandalay...

Day 7**Mandalay - Mingun - Mandalay**

After breakfast, drive to Kywe Sun Jetty on the western bank of River Ayeyawaddy. Walk a little along the bank for photos. Then, take a private boat to visit a small village of Mingun. Visit Migun Stupa unfinished due to the mysterious beliefs of its builder. Then, visit Mingun Bell weighing over 90 Metric Tons that is believed to be the world heaviest hanging bell in the world. Just in front is the very first Home for The Aged founded purely by a Burmese Lady. Meeting with the long-term nurse who speaks fair English at the Center of Old Age pays a lot. Finally visit Mya Thein Dan Pagoda which represents famous Mt. Meru according to Buddhist Cosmology. Getting on Mingun Taxis, that is, the Oxen-drawn Carts makes a visit to Minguy memorable! After that, take the boat back to Mandalay.

In the afternoon, visit Mahamuni Buddha Image situated on the outskirts of Mandalay City highly venerated and adored by Mandalay Citizens. The Image is believed to have been here from Arakan State, another Kingdom in 18th Century situated at Western Coastal Line as a war trophy. As if all the gold leaves beaten in Mandalay came upon the image, Gold leaves offered by the worshippers form the lumps on the robe of Buddha. Then visit the Handicrafts Workshops such as Gold Leaf Beating, Stone Carvings, Bronze Casting, Marionette and Wood Carvings and so on. Mandalay having built as new Royal Capital City, the king gave plots for the Arts and Craftsmanship around the Palace City and so Mandalay has become the center of all of Myanmar Traditional Handicrafts.

Overnight in Mandalay.

Day 8**Mandalay-Heho-Kalaw**

After breakfast, transfer to Mandalay International Airport for the flight to Heho, Shan State. Upon arrival at Heho airport, drive to Kalaw (approx 1 and a half) on the way stop at Aung Ban, stop at a local Market selling typical foods, wines, traditional handcrafts, and you may try Shan Noodles there at one of Myanmar Traditional Teashops. Besides those items, the small street market has Myanmar Orchids Selling stalls and fruits. Shan Dried Tea there is the best of Myanmar. Then, continue to Kalaw, a British Hill Station, a small town with ethnic minorities, such as Pa-O, Palaung, besides the Shan People. In the town, you can still feel the colonial atmosphere with the colonial buildings and the houses with the chimney indicate the weather of the lovely town which is over 1300 meters above sea-level.

After check-in at the hotel, in the afternoon drive to the west of the town where you start your half-day Trekking to Palaung village of Pain Hgne Pin. Before, this tribal minority used to live in Wooden long houses for a big family. And now with the growing wealth on farming they demolished their typical long houses and use cement and Adobe bricks to construct the houses and for the roofing, corrugated iron instead of thatch grass. Visit a household in the village and your local trekking guide will introduce you to the tribe. In the afternoon, walk back to another meeting point where you will see your car and then transfer back to your hotel.

Overnight in Kalaw...

Day 9**Kalaw-Pindaya-Nyaung Shwe-Inle Lake**

After breakfast, drive to Pindaya (approx; 2 hours), a small peaceful town situated at the base of Shan Mountains and the end of very fertile plains. On the way to Pindaya from Aung Ban is really picturesque and you can make many stops for photographing and introducing to the local farmers working in their fields cultivating a variety of crops such as Sesame, Cabbage, Coliflower, Mustard Oil, Wheat and so on besides the perennial orchards like Mandarin Oranges and Tea. Upon arrival visit Paper Umbrella Cottage industry where you can see the Shan Paper production, Process of Umbrella Making only by hands. Then, drive up to Pindaya Lime-stone Natural Caves with more than 8000 Buddha Images. Get lost yourself in the cave taking pictures of most beautiful Shan Style Buddhas.

In the afternoon, drive to Nyaung Shwe (approx; 3 hours) another Shan town bordering famous Inle Lake on the northern end. On the way, you can visit Shwe Yan Pyay monastery built mainly of teak wood in 1882 and its pagoda with colorful mosaics decorated on the interior walls around the central pagoda constructed 2 years before its adjacent monastery. Then continue to Nyaung Shwe where you embark on the long boat to reach your hotel at Inle Lake.

Overnight at Inle Lake.

Day 10**Inle Lake-Indein-Inle Lake**

Full-day Sight-seeings of Inle Lake, start with a morning 5-day traditional market at a village on the lake or on the shore of the lake. Here at Inle Lake, the markets come on 5-day basis. Besides the Inthars, some tribal ladies such as Pa-O, Pa Laung can also be seen at the market selling their farm produce and afterwards they go back to their villages on the mountain with the purchase of what they need for the household. The market is a photo opportunity for you. Then visit the Phaung Daw Oo pagoda which is the Holiest Religious Stupa housing 5 buddha images, Silk Weaving village (lotus fabrics weaving technique can also be seen unique only in here!), Blacksmith, Cheroot or Myanmar Cigar factory, the nature of Inthars, Lake Residents with their Floating Gardens and finally visit the Jumping Cat monastery which is the oldest one with antique Shan-style Buddhas and Buddhas' alters. Enjoy the cat show at the monastery.

In the afternoon, continue by boat to Indein Ruined Pagoda Complex along a small river that sustains Inle Lake by flowing into it. Passing the Large green Myanmar Bamboo forests on the way, you will reach the Ruined Indein pagodas that stand on the hill slope providing a panoramic view to the lake.

Overnight at Inle Lake.

Day 11**Inle-Heho-Thandwe-Ngapali Beach**

After breakfast, transfer by boat to Nyaung Shwe. Then from there by car to Heho airport for the flight to Thandwe airport, at Ngapali Beach, the most beautiful beach in Myanmar. White Sand and Clear Water are the attributes of Ngapali in addition to the fresh sea-foods and little amount of Tourist Visit compare to the other beaches in South East Asia. Ngapali beach is believed to be discovered firstly by the Italians who worked for the British Government during the colonial era and the beach seemed to them so fascinating that they gave the name, Napoli, and the time passed and now it is called Ngapali. Enjoy the first-day sunset at the beach.
Overnight at Ngapali Beach.

Day 12/13 **Ngapali Beach - Free and easy**

You are free for personal activities here. You can relax at the beach enjoying the sea-foods to your heart content or grasp a bicycle to explore nearby fishing villages along the motorway to a little far end of the beach line introducing you yourself to the very friendly natives. Sometimes, you may enjoy Serendipity such as taking part in pulling the fishing nets together with the cheerful fishermen, seeing how they prepare in the process of drying fish, and so on! Your hotel can arrange short-time boat trip to nearby lonely island visit. A-few-hour Snorkelling Trips can be arranged with your hotel for those who like to have a look at the sea creatures and underwater weeds at the nearby lagoons.
Overnight at Ngapali Beach.

Day 14 **Ngapali Beach-Thandwe-Yangon**

End of Leisure at the beach. After breakfast, the car from your hotel will transfer you back to the Thandwe Airport for the flight back to Yangon. If the time permits, you can visit National Museum with the last Royal Lion Throne which was sent back by Lord Mt. Batten after Myanmar got her independence from British Imperialist in the year 1948, the Royal Regalia, Paintings of the best Artists from pre and post-independence era.
Overnight in Yangon..

Day 15 **Yangon departure**

After breakfast, you are free until your departure time. Our driver will take you to Yangon International Airport for your flight home. Tour ends...

Hotel Inclusions

Location	Hotel		
	2-3*	3-4*	4*
Yangon	Grand United Hotel	Best Western Green Hill	SuleShangri-la Hotel
Bagan	Floral Breeze Hotel	Amazing Bagan	BaganThande Hotel
Mandalay	ShweIngyinn Hotel	Best Western Plus	Mandalay HillResort
Inle Lake	Amazing Nyaungshwe	Paramount InleResort	Rupar Mandalay Resort
Kalaw	Hill Top Villa Hotel	Hill Top Villa Hotel	Royal Kalaw Hills Resort

Inclusions & Exclusions

Inclusions:

- Services charges and government tax.
- All inclusive domestic flights as per itinerary.
- Experienced English or French speaking guide.
- Pick-up & drop-off services and transfer
- No additional charge/surcharge after confirmation
- All entrance fees and sightseeing tickets as per itinerary.
- Personalized customer service with 24/7 hotline support
- Meals as stated in the itinerary
- Accommodation at selected hotels (twin/double sharing) daily breakfast

Exclusions:

- Travel insurance
- International flights
- Drinks and beverage
- Myanmar visa fee
- Other services not mentioned above.

- Personal expenses, tips and gratuities
- Peak season or Public holidays surcharge if any
- Compulsory Gala dinner on X-Mas or New Year if any

Terms & Conditions

GENERAL BOOKING TERMS & CONDITIONS

BOOKING PROCEDURE

- E-Travel Myanmar required deposit of at least 30% of total tour cost to guarantee the booking. This amount can be paid by credit card (through a secured payment system), bank transfer, Western Union or Paypal.
- Remainder of total tour cost must be paid in cash upon arrival or 2 weeks before departure date if by any other payment methods.
- Transfer fee, if any, must be paid at customer's end. E-Travel Myanmar will recognize the amount received only.

CANCELLATION

At E-Travel Myanmar Co.,Ltd, we do our best to minimize cancellation penalty for our guests but we must abide the cancellation policy of each service provider. Any cancellations should be made in writing.

Cancellation by the customers

Where the Customer cancels the tour, then the effective date of cancellation will be the date the company receives the written notification. The cancellation charge to the customer is listed below:

- More than 30 days before departure :deposit if forfeited
- Between 15 and 29 days before departure :50 % of total tour cost
- Between 7 days and 14 days before departure :70 % of total tour cost
- Between 2 days and 6 days before departure :85 % of total tour cost
- 1 day or less :100 % of total tour cost
- Flight tickets are fixed following the final itinerary, 100% charge for airfare for any cancellation.

Cancellation by E-Travel Myanmar

If tour is not paid by the due date, the company shall have the right to cancel the tour. If we, at the request of the customer, agrees to delay cancellation of the tour then the company still cancels the tour for the customer's non-payment, the cancellation charges set out shall apply and be payable by the customer.

Special conditions

E-Travel Myanmar reserves the right to change these cancellation conditions depending on airlines, hotels and cruises' cancellation policies. We will inform you in writing in case the above conditions need to be modified.

RESPONSIBILITY

Except in situation beyond human control, E-Travel Myanmar will be held responsibility for any additional expense resulting from the change caused by us in itinerary, transportation, accommodation. Except in situation beyond human control, E-Travel Myanmar shall provide compensatory service for participants or refund the difference in payment for service rendered below standard.

The detailed program and schedule flights are subject to change by airline without prior notice and in accordance with the weather conditionals and daily operation of flights. Consequently, itinerary concerned might be adjusted. If this occurs, E-Travel Myanmar will do all in its power to assist participants in boarding flights or finding alternative arrangements. This is done as a courtesy to participants and E-Travel Myanmar can not held the responsibility for denied boarding, or additional charges occurred.

TRAVEL INSURANCE

Travel Insurance is not included. E-Travel Myanmar highly recommend you to have travel insurance when traveling around Asia